



# St Helen's Primary School

St Helen's Church of England VA Primary School  
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Dear Parents/Carers

## HEADLICE

Unfortunately we have some of these unwelcome visitors with us.

Please check your children's and close family members' heads regularly over the next four weeks. We would recommend that you use a "louse comb" (available from chemists) on wet hair with plenty of conditioner applied. Key areas to check are the nape of the neck and around the ears. Please note if white eggs are spotted these are the "nits" and are actually empty egg cases. Eggs that are a grey/silver colour contain live lice.

If lice or eggs are found please treat immediately. An alternative to the use of insecticides is to use the "wet combing" method every day for two weeks. This should ensure that all live lice, including any which might have hatched during the two week period are removed.

We request that children with long hair wear their hair tied back in order to reduce the chance of head lice spreading from child to child.

**Please help us to control this unpleasant situation by following these guidelines and checking your children's hair on a regular basis.**

Yours sincerely

Zoe Batten  
Headteacher