

WEEK 1

Yogurt, Fresh Fruit Salad available daily

MON	Homemade cheese and tomato pizza Vegetarian sausage Tuna sandwich Wedges/pasta Coleslaw, baked beans Chocolate sponge and chocolate custard
TUES	Pasta bolognaise Vegetarian pasta bolognaise Jacket potato and cheese Carrots, green beans Cookie and fruit juice
WED	Westcountry Roast Gammon and pineapple, gravy Vegetarian roast Egg mayonnaise sandwich Roast or mashed potatoes Broccoli and cauliflower Jelly and ice cream
THUR	Chicken curry, rice and naan bread Sweet potato and lentil curry, rice and naan bread Jacket potato and tuna Farmhouse vegetables Flapjack and milk
FRI	Ovenbaked fish in breadcrumbs Jacket potato and baked beans Sausage sandwich Chips or pasta Seasonal vegetables Custard biscuits and fairtrade fruit juice
Week	2/1/12 23/1/12 20/2/12 12/3/12

WEEK TWO

Yogurt, Fresh Fruit Salad available daily

Fish fingers

Cheese wheel

Jacket potato with cheese and beans

Wedges, pasta

Peas, sweetcorn

Coconut and date cake, milk

Sausage roll

Vegetarian sausage roll

Bacon, lettuce and tomato bap

New potatoes or pasta

Baked beans, peas

Shortbread and custard

Westcountry Roast Beef, gravy

Vegetable tart

Tuna sandwich

Roast or mashed potatoes

Carrots, green beans

Cheese , crackers and grapes or iced fruit smoothie

Cottage pie

Cheese and tomato quiche

Beef baguette

Pasta

Swede, sweetcorn

Sticky chocolate cake and chocolate sauce

Ovenbaked Fish in breadcrumbs

Vegetable stir fry

Jacket potato and tuna

Chips or pasta

Seasonal vegetables

Chocolate drop biscuits with fairtrade fruit juice

9/1/12 30/1/12 27/2/12 19/3/12

WEEK THREE

Yogurt, Fresh Fruit Salad available daily

Salmon nibbles

Macaroni cheese

Bacon, lettuce and tomato bap

Mashed potatoes or pasta

Peas and sweetcorn

Chocolate cracknel and juice

Homemade Beef burger in a bap

Tomato pasta bake

Jacket potato with cheese

Potato wedges or pasta

Baked beans, coleslaw

Shortbread finger and jelly

Roast chicken, gravy

Broccoli and cheese bake

Tuna baguette

Roast or mashed potatoes

Carrots, peas

Peaches with ice cream

Beef lasagne and garlic bread

Vegetarian lasagne with garlic bread

Jacket potato with baked beans

New potatoes or pasta

Farmhouse vegetables

Iced sponge and milk

Westcountry Sausages

Vegetarian pizza

Jacket potato and tuna

Chips or pasta

Seasonal vegetables

Ginger cookie and fairtrade fruit juice

16/1/12 6/2/12 5/3/12 26/3/12

